

# Helpful Hints for Your Wedding Day

## Skin Care

- ~ The first step to healthier skin is to drink plenty of water.
- ~ Start skin treatment of cleanser, toner, moisturizer and exfoliate 6 months before your wedding day
- ~ Plenty of rest is also essential for beautiful skin
- ~ Avoid going to a tanning bed, try a self tanner instead

## Hair

- ~ Make appointment 2-4 weeks before the wedding day
- ~ Determine the best style that reflects who you are
- ~ You need a style that compliments your dress, veil and headpiece

## Make-up

- ~ Schedule a consultation no less than 3 weeks before

## Waxing

- ~ At least one week before the wedding

## Planning

- ~ Be on time for your appointments to eliminate stress
- ~ You'll feel beautiful and confident if you plan in advance

## Nail Care

- ~ Have manicures and pedicures one day before the wedding as a final touch



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